

DO YOU BELIEVE THAT LIFE HAS
MEANING AND PURPOSE?

DO YOU FEEL THE POTENTIAL TO
LIVE A FULLER LIFE?



JOIN US ON A
JOURNEY TO
HAPPINESS

LEAP

This challenge is for you if you want to live beyond the ordinary



THE HAPPINESS EFFECT CHALLENGE

30-DAY ONLINE
HAPPINESS JOURNEY
WITH NATALIA COHEN
AND
JULIE MCGANN

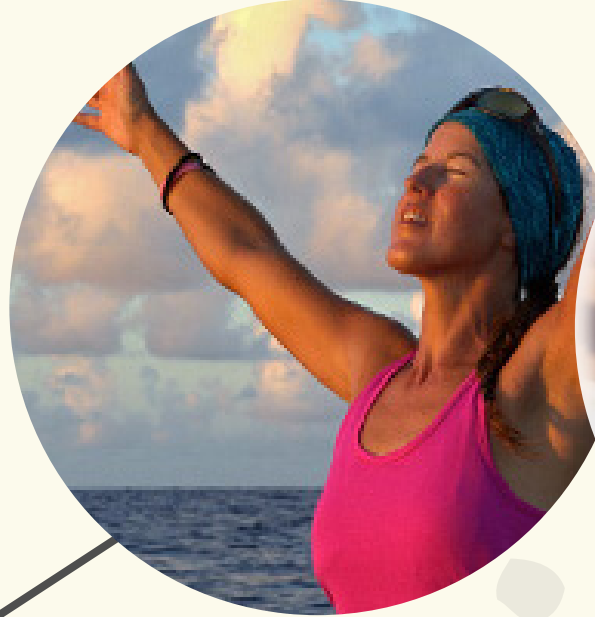


ADVENTURER,
EXPLORER,
MOTIVATIONAL SPEAKER



SHE CROSSED THE PACIFIC
OCEAN ON A SMALL BOAT
ROWING 24/7 FOR 257 DAYS

Natalia Cohen



SHE LEFT HER CORPORATE JOB TO
FOLLOW HER LIFE PURPOSE AND
CREATE A NEW KIND OF WELLNESS
EDUCATION



ENTREPRENEUR, CHIEF
WELLNESS DESIGNER

Julie McGann

257 DAYS AT SEA

"HAPPINESS IS A
JOURNEY
NOT A
DESTINATION"

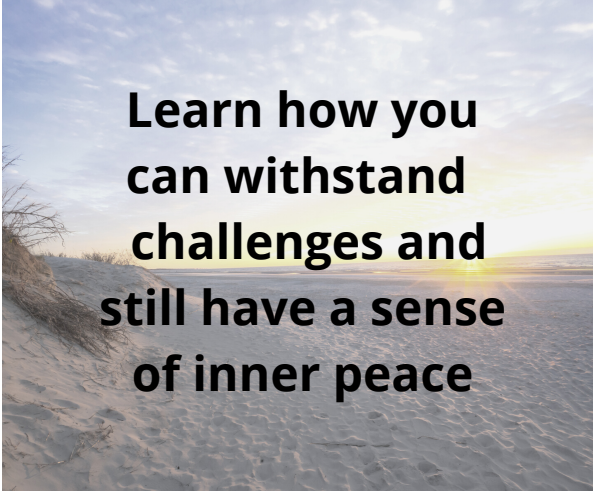
**Watch Natalia's
journey: [click here](#)**




10 years of meditations

"HAPPINESS IS AN
INSIDE JOB"


**Listen to Julie's guided
meditation: [click here](#)**




**Learn how you
can withstand
challenges and
still have a sense
of inner peace**



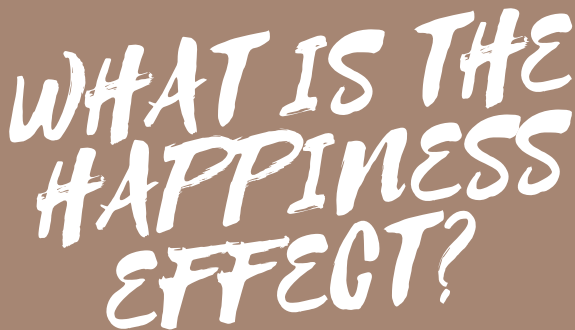
**Find your place of
strength**



**Activate your
heart intelligence**




**Discover how
your thoughts
affect your
happiness**



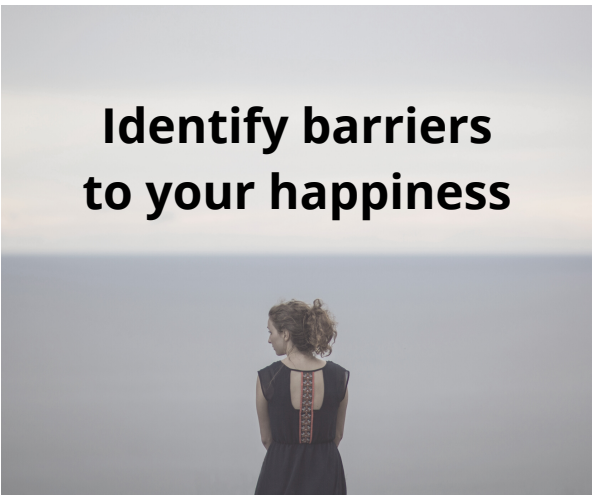
**WHAT IS THE
HAPPINESS
EFFECT?**



**Learn how to
create more
meaningful
connections**



**Shift focus to
what makes you
happy and
fulfilled in your
day-to-day life**



**Identify barriers
to your happiness**



**Uplift yourself
daily with a
Miracle morning
formula**

Experience the Happiness Effect

**Sign-up [HERE](#) to receive
more information**

